



WEST
CANCER CENTER
& RESEARCH INSTITUTE

2024 Compliance & HIPAA Training
Module 2 –Infection Prevention

Standard Precautions



Standard precautions are common sense practices used to protect providers and patient from the transmission of diseases that can be acquired by contact with blood, body fluids, non-intact skin (including rashes), and mucous membranes.

All West Cancer Center employees will perform Standard Precautions. Review the [Potential Infection Prevention Risks and Interventions](#) policy.



Why should you be concerned?

The CDC estimates that 5.6 million workers in healthcare and related industries are at risk of exposure to bloodborne pathogens such as human immunodeficiency (HIV) and Hepatitis B virus.



Occupational Exposure

Contact with blood or other potentially infectious materials that may result from the performance of an employee's duties...

Duties may include:

- Direct Patient Care
- Phlebotomy/Laboratory
- Environmental Services
- Waste Management
- Other (ex: Front Desk, Facilities, Volunteers, etc.)



Bloodborne Pathogens

Bloodborne pathogens are infectious microorganisms in human blood that can cause disease in humans.

Bloodborne pathogens include (but are not limited to):

- Hepatitis B Virus (HBV)
- Hepatitis C Virus (HCV)
- Human Immunodeficiency Virus (HIV)



Standard Precautions include...

- Hand Hygiene
- Personal Protective Equipment (PPE)
- Needle Stick and Sharps Injury Prevention
- Cleaning and Disinfection
- Respiratory Etiquette
- Waste Disposal
- Safe Injection Practices





Hand Hygiene

Alcohol-based Hand Rub (ABHR):

- Dispenser releases predetermined amount of hand sanitizer.
- Dispense into palm of one hand.
- Rub hands together, covering all surfaces of hands, fingers, and wrists for 20 seconds until they are dry. Do not wave hands to dry.

Review the CDC's [Clean Hands Training](#).

Review West Cancer Center's [Hand Hygiene](#) policy.

Handwashing:

Handwashing is the preferred method of hand hygiene when...

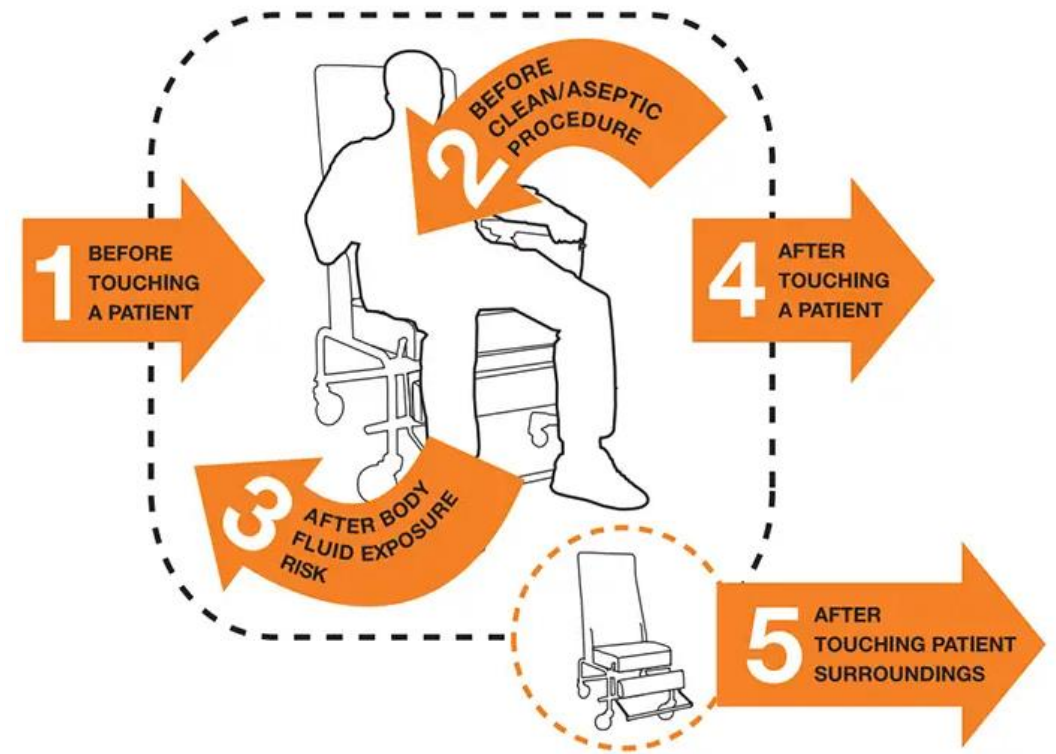
- Before preparing and eating food.
- Before and after changing wound dressings and/or bandages.
- After using the bathroom.
- After blowing your nose, coughing, or sneezing.
- Remember to wash your hands for 20 seconds!



Indications for Hand Hygiene

Always perform hand hygiene in the following situations:

- Before touching a patient, even if gloves will be worn.
- After touching a patient, even if gloves were worn.
- After contact with inanimate objects (including medical equipment) in the patient environment.
- After contact with blood, body fluids, or wound dressings.
- Prior to performing an aseptic task (e.g., accessing a port, preparing an injection).
- If hands will be moving from a contaminated body site to a clean body site during patient care.
- After glove removal.



Personal Protective Equipment

Personal Protective Equipment (PPE) is available to all West Cancer Center employees to reduce the risk of exposure to bodily fluids, blood, or other pathogens. Review the [Personal Protective Equipment](#) Use policy. While the policy mentions COVID-19, it is appropriate for all situations that may pose exposures to pathogens, diseases, and/or harmful chemicals.



Personal Protective Equipment (PPE)

Gloves:

Gloves should be worn when there is potential contact with blood (e.g., during phlebotomy), body fluids, mucous membranes, non-intact skin, or contaminated equipment.

- ***Always*** perform hand hygiene before and immediately after glove use. Gloves do not replace hand hygiene.
- Wear gloves that fit appropriately (select gloves according to hand size).
- Change into a clean pair of gloves for each patient.
- Do not wash gloves for the purpose of reuse.



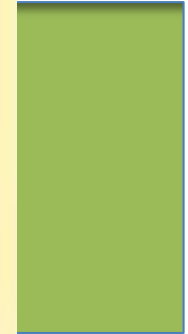
Personal Protective Equipment - Gloves



- Don new gloves immediately prior to performing a procedure and remove immediately after. Always perform hand hygiene *before* and *after* donning and doffing gloves.
- Collect equipment and supplies and place in patient area prior to donning gloves to avoid glove contamination.
- Store gloves in original box. Do not remove and place into other containers or pockets.
- Avoid storing on windowsills to prevent dust collection and contamination.



Personal Protective Equipment - Gowns



- Wear a gown to protect skin and clothing during procedures or activities where contact with blood or body fluids is anticipated.
- Do not wear the same gown for the care of more than one patient.
- Remove gown and perform hand hygiene before leaving the patient's environment (e.g., exam room).



PPE – Facemasks, Goggles, and Face Shields



- Use a facemask when there is potential contact with respiratory secretions and sprays of blood or body fluids.
- Use a facemask in combination with goggles or a face shield to protect the mouth, nose, and eyes (personal eyeglasses and contacts are not adequate protection).
- Use a facemask when placing a catheter or injecting material into the spinal canal or subdural space (to protect patients from exposure to infectious agents carried in the mouth or nose of healthcare personnel).
- Use a facemask and goggles/face shield to perform intravesical chemotherapy administration.



DONNING YOUR PPE



Sequence for Dressing in PPE

1. Perform hand hygiene
2. Don gown and fasten in the back
3. Secure mask or respirator and mold to snugly fit face
4. Place goggles or face shield over eyes
5. Extend gloves to cover wrists of gown



DOFFING YOUR PPE



Sequence for Removing PPE

1. Remove gloves and discard in waste container
2. Remove goggles or face shield
3. Remove gown being careful not to touch the front
4. Remove mask or respirator by reaching behind head to loosen
5. Perform hand hygiene



Removal of PPE

- PPE must be removed before exiting the patient's environment. A respirator, mask, or N95 should be removed outside the patient's environment.
- Personal clothing and skin can be easily contaminated during PPE removal.
- Removing Gloves:
 1. Grasp outside of glove with opposite gloved hand; peel off and discard.
 2. Slide ungloved fingers under the remaining glove at the wrist; peel off and discard.
 3. If hands get contaminated during removal, immediately perform hand hygiene before continuing PPE removal.

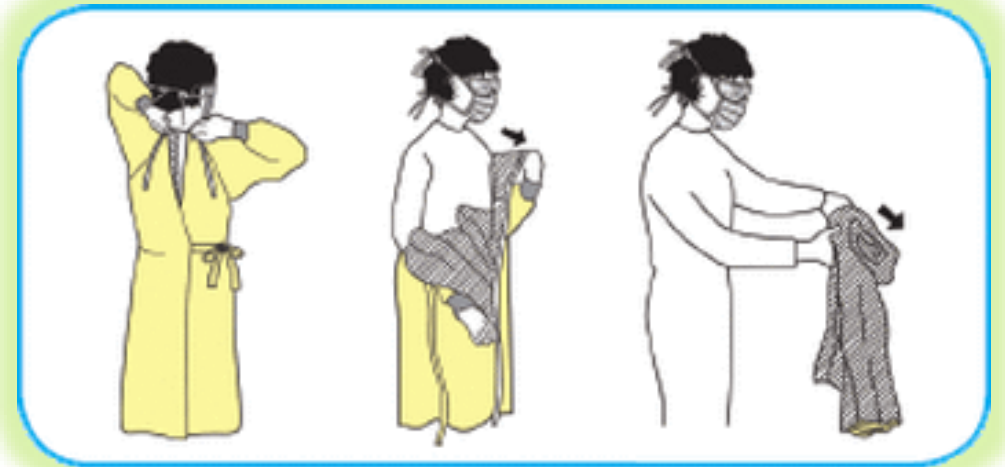
The CDC offers illustrated [instructions](#) for the sequence of donning and doffing PPE that are helpful.



Removal of PPE – Gowns

Gowns:

1. Unfasten gown ties, taking care that sleeves don't contact your body when reaching for ties.
2. Pull gown away from neck and shoulders, touching inside of gown only.
3. Turn contaminated outside surface toward the inside.
4. Roll or fold into a bundle and discard into waste container.
5. If hands get contaminated during removal, immediately perform hand hygiene before continuing PPE removal.



Removal of PPE – Goggles/Face Shield

Goggles or Face Shield:

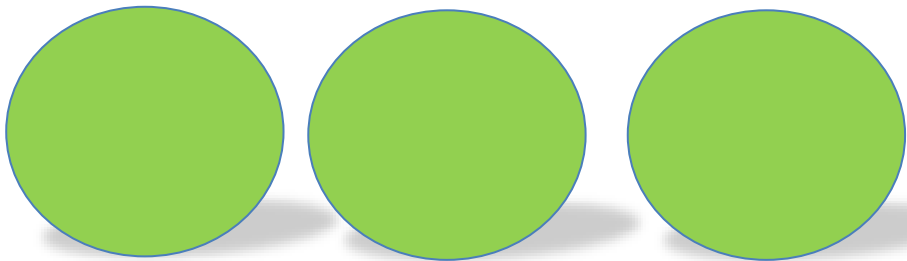
1. Avoid touching the front of the goggles or face shield.
2. Remove by handling the head band or earpieces and discard.
3. If hands get contaminated during removal, immediately perform hand hygiene before continuing PPE removal.



Removal of PPE – Masks/Respirators

Mask or Respirator:

1. Avoid touching the front of the mask or respirator – it is contaminated.
2. Grasp bottom ties or elastics of the mask or respirator, then the ones at the top, and remove without touching the front.
3. Discard into waste container.
4. Always perform hand hygiene immediately after completing PPE removal.



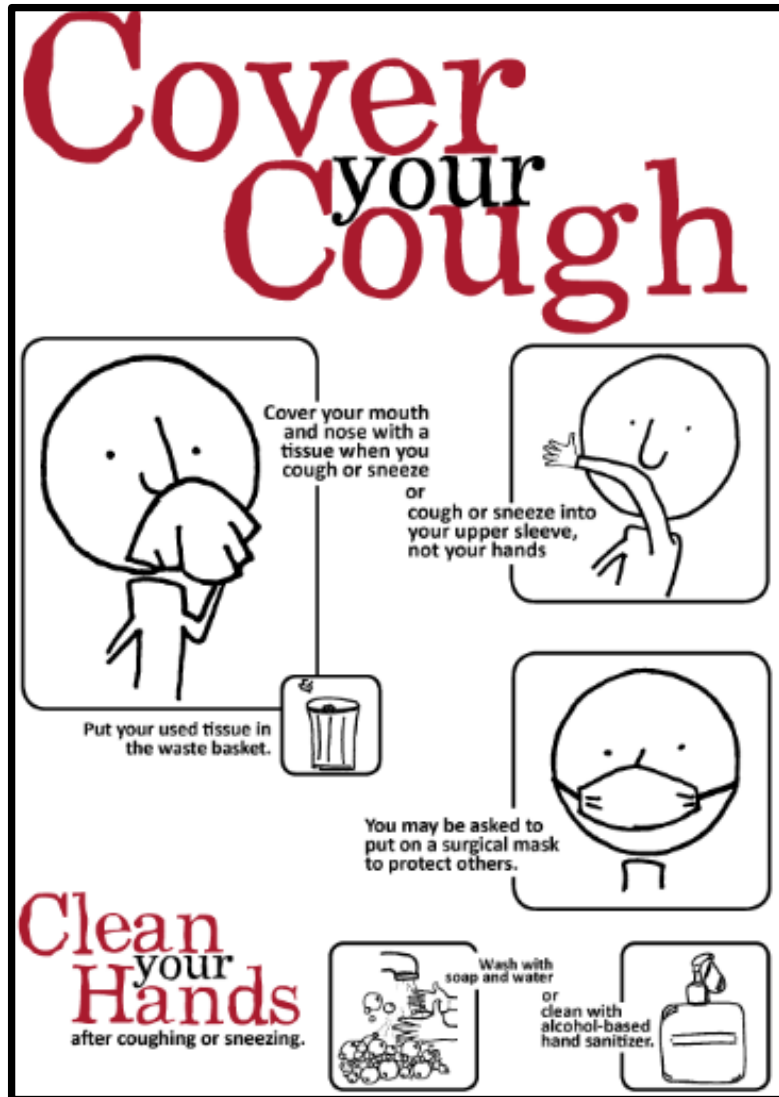
PPE

DON & DOFF

TUTORIAL



Respiratory Etiquette



Respiratory etiquette is vital in reducing the spread of respiratory illnesses. As a West Cancer employee, you can practice the following etiquette to keep our patients and coworkers healthy.

- Cover your cough or sneeze with a tissue. No tissue? No problem! Cough or sneeze into your elbow.
- Perform hand hygiene after coughing, sneezing, or blowing your nose. This will keep your hands from transferring germs onto surfaces.
- Feeling under the weather? Stay home! Return to normal activities once you are fever free for 24 hours without medication and your symptoms are improving.
- Think about wearing a mask as symptoms are improving. You may still be contagious even though you may feel better.
- Get your vaccinations (Flu, COVID-19, etc.).



Respiratory Etiquette

Make sure that your areas have the following supplies for patients and employees to practice Respiratory Etiquette:

- Facemasks (encouraged, but not mandatory)
- Tissues
- Dispensers of alcohol-based hand sanitizer
- No touch trash receptacles for tissue disposal



Check out The Petri Dish newsletter regarding [Respiratory Etiquette](#). Newsletters may be found on WestNet → Resources → Safety & Infection Prevention.





Specific Infection Prevention Practices



Mycobacterium Tuberculosis (TB)

TB usually attacks the lungs. It spreads when a person infected with TB coughs, speaks, or sings and people nearby breathe in the bacteria.

TB is infectious and can spread to people who are frequently around the infected person (family, friends, coworkers, or schoolmates).

Risk factors include contact with someone who has TB & medical conditions that weaken the immune system.

Symptoms include:

- Cough > 3 weeks
- Chest pain
- Fever
- Chills
- Unintentional weight loss
- Night sweats
- Appetite loss
- Easy Fatigue

Avoid contact with those with known/suspected TB. Consider PPE (respirator) use if traveling to a country with a known high incidence of TB.



Safe Injection Practices



- Use aseptic technique when preparing and administering parenteral medications.
- Avoid prefilling and storing batch-prepared syringes except in accordance with pharmacy standards.
- Avoid unwrapping syringes prior to the time of use.
- Never administer medications from the same syringe to multiple patients, even if the needle is changed or the injection is administered through an intervening length of intravenous tubing.
- Do not reuse a syringe to enter a medication vial or solution.



Safe Injection Practices

- Do not administer medications from single-dose or single-use vials, ampules, bags, or bottles of intravenous solution to more than one patient (e.g., do not use a bag of saline as a common source supply for multiple patients).
- Cleanse the access diaphragms of medication vials with 70% alcohol and allow the alcohol to dry before inserting a device into the vial.
- Dispose of used syringes and needles at the point of use in a sharps container that is closable, puncture-resistant, and leak-proof.



Phlebotomy Procedures

Phlebotomy procedures should be performed in a dedicated area.

If phlebotomy must be performed elsewhere (e.g., exam room) do not bring common trays of supplies; bring only the necessary supplies.

- Use aseptic technique to perform the procedure.
- Do not reuse vacutainer holders.
- Label tubes after blood is drawn.
- Avoid placing tubes on surfaces that cannot be properly cleaned.
- Do not process or store blood specimens near medications or medication preparation area.



Medication Storage

- Store medications that require refrigeration in a dedicated, labeled refrigerator that meets requirements for such storage (e.g., thermostat control, separate exterior door for refrigerator and freezer compartments).
- Designated personnel should maintain a temperature log (monitor temperature at least twice daily for vaccine storage) and ensure an alternative storage method is in place in the event of power or refrigerator failure.
- Multi-dose vials are stored in the Medication Room and not in the immediate patient treatment area (e.g., exam room, chemotherapy suite).



General Infection Prevention Guidelines

- Change the paper covering on the exam table and pillows between patient use.
- Place any used linens in a designated container located in each exam room after each patient use.
- Clean any medication preparation area after each patient encounter and ensure contaminated items are not placed in or near the area.
- Focus cleaning on high-touch surfaces (at least daily), e.g., exam beds, bedrails, blood pressure cuffs, stethoscopes, wall-mounted ophthalmoscopes and otoscopes (per manufacturer's instructions), chairs and bedside stools, and doorknobs.
- Decontaminate high-touch surfaces using an EPA-registered disinfectant with specific kill claim labels; observe wet contact times.
- Clean patient chairs, IV poles/pumps, and side tables between each patient use.



Cleaning Spills of Blood and Body Substances

- Wear protective gloves and use appropriate PPE (e.g. use forceps to pick up any sharps and discard in sharps container).
- If the spill contains large amounts of blood or body fluids (e.g., >10 mL), clean the visible matter with disposable absorbent material and discard in appropriate containers for biohazardous waste.
- Decontaminate the area using an EPA-registered disinfectant with specific label claims for bloodborne pathogens or a freshly diluted bleach-based product (preferably EPA-registered), in accordance with manufacturer's instructions, and allow the surface to dry.
- If a bleach-based product is used:
 - Use a 1:100 dilution to decontaminate nonporous surfaces
 - If the spill involves large amounts of blood or body fluids, use a 1:10 dilution for first application of product before cleaning, then follow by cleaning and subsequent decontamination with 1:100 dilution application



Handling and Laundering Soiled Linens

- Handle all contaminated linens with minimum agitation to avoid contamination of air, surfaces, and persons.
- Do not sort or rinse soiled linens in patient-care areas.
- Use leak-resistant containment for linens contaminated with blood or body substances; ensure that there is not leakage during transport.



Waste Disposal

- Puncture-resistant, leak-proof sharps containers are in every patient-care area (e.g., exam room, chemotherapy suite, phlebotomy station).
- All sharps are disposed of in the designated containers. Do not bend, recap, or break used syringe needles before discarding them into the container.
- Filled sharps containers are disposed of in accordance with state regulated medical waste rules.
- Regular trash and regulated medical waste (e.g., biohazardous material and chemical hazardous waste, including antineoplastic drugs) are disposed of in their designated containers.
- All trash and waste containers are emptied at least daily by designated personnel.
- Handle, transport, and dispose of regulated waste, including antineoplastic and hazardous drugs, in accordance with state and local regulations.



PolicyTech

You may find Infection Prevention policies on WestNet → PolicyTech. Click on Clinical Policies → Infection Prevention. All policies related to Infection Prevention will be available for review.

The screenshot shows a web browser window displaying the WestNet website. The browser's address bar shows the URL `westnet.westclinic.com/Pages/Default.aspx`. The page features a pink-themed banner for "BREAST CANCER AWARENESS MONTH" with the text "Let's wear pink every Wednesday throughout October!" and a call to action: "Send your team's pink photos to marketing@westclinic.com". To the right, there is a "PATIENT FLU SHOTS" section with a "LEARN MORE" button. Below the banner, a green bar indicates "Systems Operational - Updated: 9/30/2024 11:50:07 AM". The main content area contains a grid of navigation tiles. The "POLICYTECH" tile, which includes the text "Policy & Procedure Management", is circled in red. Other tiles include "UltiPro", "ONCOEMR", "PATIENT FORMS & EDUCATION", "CLINICAL TRIALS", "absorb", "INCIDENT REPORT", "NEWS", "TUMOR BOARD SUBMISSIONS", "ON CALL / SERVICE ATTENDING LIST", "MSDS", "WEST MANAGEMENT TEAM", "Path Forward", "West Room", and "WEST COMPANY STORE".



Infection Prevention Training- Conclusion

This concludes Module 2 – 2023 Infection Prevention Training.

This course includes four modules:

- Module 1 – 2023 Compliance & HIPAA Training
- Module 2 – 2023 Infection Prevention Training
- Module 3 – 2023 Safety Training
- Module 4 – 2023 Sexual Harassment Prevention

After completing all four modules, each employee is required to pass the annual test with a score of 90% or higher. You have three attempts to pass the test. You may refer these modules during the test if needed.

Thank you!

